

Shorelines

NEWSLETTER OF THE PROBUS CLUB OF NORTH SHORE VANCOUVER

May 2024

www.probus-northshorevancouver.ca

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Monday, May 13th, 2024 Meeting

West Vancouver Yacht Club, 5854 Marine Dr., Coffee/Buns 8:30, Meeting 9:30

with guest speaker

**Karen Tyrell,
Dementia Consultant, Educator, Speaker, Author**



Karen Tyrell is a Certified Professional Consultant on Aging (CPCA) and a Certified Dementia Care Provider (CDCP) with a passion for improving dementia care.

Her mission is to help all caregivers realize how amazing they are. And that they have the potential to create harmony and the ability to manage changed behaviours associated with dementia using creative approaches.

She began her journey in 1995 by providing therapeutic recreation activities to seniors in residential/long-term care. While doing a placement as part of her schooling in the mid 90's. Karen observed many inappropriate care practices and approaches towards the residents on the dementia care unit. It was the opposite from what she had been learning in class. She then attributes these disturbing experiences to the reason why her passion ignited.

Karen now supports families across Canada through her company, Personalized Dementia Solutions Inc. Offering 1-1 support and group support. She offers personalized recommendations (including creative ways to manage dementia related behaviours), emotional support, guidance to other helpful services. And also dementia education on specific topics when and as needed.

Karen is also very proud of her involvement in major projects such as being a part of the development team for the first true Canadian Dementia Village in Langley, BC. and also consulting and supporting the opening of the new Adult Cognitive Wellness Centre in Langley BC.

Mark Your Calendars with These Important Dates



June 10th - Michael Geller, Principal, The Geller Group

July 8th - Issam Laradji – Professor – Artificial Intelligence, UBC

August 12th - David Cameron – Fisher Investments Councillor

President's Notes



Probus Canada's theme this passing year is Fellowship, Friendship and Fun. I am amazed at each meeting to see members naturally involved displaying these characteristics. We continue to add interesting members, enhancing our growth and thanks to everyone for your turnout now that spring has arrived.

Event outings are coming up quickly. They're outlined by Steve Wilson's sub-committee individuals in this newsletter. Also note the ones through summer and fall. Members can also check the speaker schedule on our website at <https://www.probus-northshorevancouver.ca/>.

This month, Probus Canada holds its AGM and a new Board will be elected April 26, 2024. If members wish they can review the results on their website at <https://www.probuscanada.ca/>, as well as new personal programs being offered. They're collaborating with clubs to support the attraction of new members through videos and other social media presentations. Our members who travel may be interested in Probus Global whereby free membership can be obtained plus introductions to common interest groups who may enhance your travel arrangements. Visit their website for further information at <https://probusglobal.org/>.

Our District Director, Jack Zaleski, forwarded news and activities about our 12 District clubs stretching from the Fraser Valley to the lower mainland. Your Management Committee will review some to possibly expand our event types and socialization. Feel free to offer your comments for future events to our Special Events Chair, Steve Wilson.

In preparation for the coming year Management Committee changes, the appointment sub-committee is seeking new members for Secretary and Speaker Chair positions. The monthly meetings are enjoyed on Zoom and in-person at PARC Westerleigh boardroom – an excellent meeting facility for our capable management team. Feel free to contact me or a team member for interest 'and discussion.



As said, 'May is a time of growth, celebration, and natural beauty'. I wish everyone good health in your endeavors.

*Terry McLeod,
President*

Special Events

Seymour-Capilano Filtration Plant Tour

Friday, June 7th , 2024

This filtration plant is located at 4400 Lillooet Road near the parking lot for the Demonstration Forest in North Vancouver. With a daily capacity of 1.8 billion litres, this Metro Vancouver plant became operational in May 2010. It is the largest filtration plant in Canada, and it cost \$820 million to build.

This tour is limited to 20 people and for security reasons, it is only accessible by bus. The cost of the bus is \$15.00 per person. To register contact Alastair Campbell. To complete your registration, please e-transfer \$15.00 to Alastair or pay \$15.00 cash to him at the May 13th Probus meeting at the Yacht Club. Be sure to wear sturdy shoes and weather appropriate clothing on the tour.

TIMING: Bus Transport will be from **PARK ROYAL SOUTH** at the upper-level parking lot in front of the Cineplex Cinema. Be at the pickup spot by 8:15 AM. The bus leaves promptly at 8:30 AM. (20 people maximum !!!)

The tour runs from 9:30 to 11:00 AM. After the tour the bus will take us to Medley's Grill in the Holiday Inn for an 11:30 lunch. The bus will return passengers from the restaurant at 1:00PM and will bring you back to PARK ROYAL where you left your car by about 1:30PM.

Hope you can join us on this adventure.

*Alastair Campbell,
Special Events Committee*



New Member Introduced and Welcomed at April Meeting



Gary Duke hails from Toronto, Ontario. He attended the University of Toronto studying Political Science and Economics. He managed a Consulting Business prior to retirement in 2002. He was an Account Executive at Vickers and Benson Advertising in Toronto

where he was involved with the promotion of Canada's Centennial in 1967. He was an Executive Assistant to the Federal Cabinet Minister in Ottawa and VP Government Relations at Kaiser Resources. In 2003 he was engaged in a three year term on the National Parole Board. Gary's interests include golf, music, reading, travel and family. Has was President of the Hornby Island Festival Society and volunteering at Kay Meek Theatre and participating in the Broadway Choir.

Below President Terry McLeod welcomes new member Gary Duke.



Last Month Speakr - Conner Da Silva

Conner Da Silva, Community and Education Program Coordinator, Port of Vancouver

The Port of Vancouver is Canada's largest port and third largest in North America (Houston and Louisiana are the largest). The Port of Vancouver connects Canada to over 170 countries and supports 115,300 local jobs.

The port extends from Roberts Bank and the Fraser River up to and including Burrard Inlet. Geographically, the port is about the same size as the next five largest Canadian ports combined. Its jurisdiction includes more than 16,000 hectares of water, more than 1,500 hectares of land and hundreds of kilometres of shoreline, bordering 16 municipalities and intersecting the traditional territories and treaty lands of 35 Coast Salish Indigenous groups. The Port is not taxpayer funded. Revenues come from Terminal and Tenant leases and Harbour fees.

Trade through the port connects Canadian businesses to international markets and consumers with the variety of products that we use every day from markets across the globe and generates tax revenues and secure employment for local communities. Home to 29 major terminals and more than 1,000 tenants, the port is the most diversified cargo-handling port in North America.

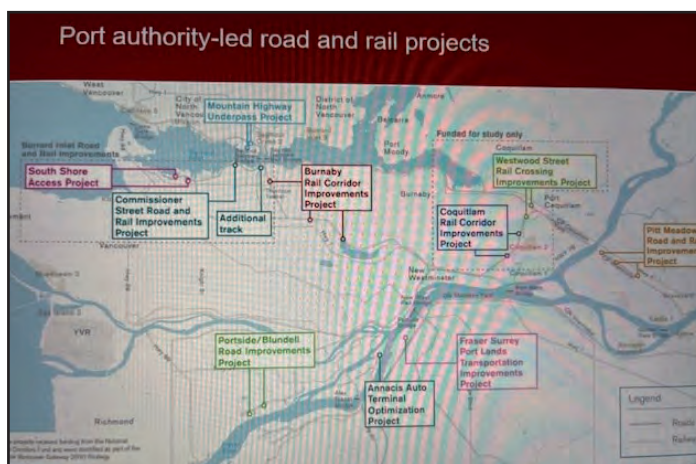
Port terminals move goods across five different business sectors:

- **Bulk** - whole ships are filled with their cargo through top load. There are 22 bulk terminals. Principal exports include coal, potash, sulphur and grain. Dry and liquid bulk cargoes account for more than two thirds of the port's annual tonnage.
- **Containers** - there are 4 container terminals. Vancouver is serviced by 3 Class 1 railways – there are only 3 ports in North America that have this. Canada is a top exporter of chickpeas and lentils. Delta Port has coal and is adding potash.
- **Breakbulk** - a common method used to successfully transport cargo or goods that cannot fit in standard-size shipping containers or cargo bins. Examples of common breakbulk goods include lumber, wood, logs, structural steel, heavy or oversized goods, manufacturing equipment, construction equipment and vehicles. An entire Sea bus was shipped this way from the Netherlands.
- **Automobiles** - there are two entry ports on the Fraser River that can each handle 2-3,000 vehicles. A ship can carry up to 7,000 vehicles. Nearly 100% of Asian vehicles come through Vancouver. Last year we unloaded 470,000 vehicles. The ships are specialized for handling vehicles and are referred to as "Ro-Ro's" which stands for roll on/ roll off.

Last Month Speaker - Conner Da Silva, Port of Vancouver

- **Cruise** - Cruise ships are handled through 1 Terminal at Canada Place. This is the homeport for the Vancouver-Alaska itinerary. There were 332 cruise ship calls in 2023 and a total of 1.2 million people walked on/off the ships. More are expected in 2024. 1 visiting ship generates 3 million dollars for our economy. The newest and largest cruise ship in the world is called ICON of the sea and can carry 10,000 guests. It sails out of Miami.

The Port's vision is to be the world's most sustainable port. Their first mandate is to deliver economic prosperity through trade. They lease federal port lands to terminal operators and build roads and rail projects that support trade and communities as pictured on the slide below – there is always lots going on.



Canada's West Coast is projected to run out of container capacity by 2030. This will be addressed by increasing efficiency at existing terminals and expansion of Robert's Bank to include a new container terminal. The Port builds habitat to offset the effects of Port development.

The Port's second mandate is to maintain a healthy environment by protecting water, land and environment. Their ECHO program (Enhancing Cetacean Habitat and Observation) was launched in 2014 to better understand and reduce the cumulative impacts of commercial shipping on at-risk whales, with a particular focus on endangered southern resident killer whales.

While the ECHO Program's focus is on acoustic disturbance – one of the four key threats to southern resident killer whales identified by Fisheries and Oceans Canada – the ECHO Program also supports other threat reduction projects related to physical disturbance and environmental contaminants. You can read about the program on the Port's website.

About 3,000 ships call yearly and they can receive fee discounts for cleaner, quieter ships. The highest discount available is 75%. Shore power is now available at Canada

Place and two terminals for ships to plug in and power down. Not all ships can currently take advantage of this – it is a work in progress.

The Port is making a concerted effort to inspire community connections wherever they can. They are using different sources of media to inform different audiences about the Port.

They work closely with industry, communities, Indigenous groups, government and others in the port community to address noise, congestion and other impacts of port operations, seek input on port-related projects, and support organizations that benefit people who live and work near the port. For July 1st they sponsor "Canada Together" celebrations/activities at Canada Place. They also invite community members to come together for a host of free interactive events throughout the year such as yoga, rhumba, summer and winter activities.

For much more information about the Port visit their website at Port of Vancouver.

Summary Prepared by Member Darlene Dean

We are seeking members interested in helping to write up speaker summaries. Contact Darryl Stodalka at stodalka@live.ca



President Terry thanks speaker Conner Da Silva



Tip of the day: Before starting a project, check if you have the resources available



Wouldn't it be great if we could put ourselves in the dryer for ten minutes; come out wrinkle-free and three sizes smaller?

Just failed my driving test. When the examiner asked me "what sign would you expect to see down a narrow country road?" Apparently 'fresh eggs for sale' wasn't the answer...



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Editorial contributions and comments are welcomed