

Shorelines

NEWSLETTER OF THE PROBUS CLUB OF NORTH SHORE VANCOUVER

MAY 2013

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Monthly Meeting at Capilano Golf and Country Club 420 Southborough Drive, West Vancouver, 604-922-9331



Monday, May 13th

with speaker

James McCormack, B.Sc. (Pharm), Pharm. D

Professor, Faculty of Pharmaceutical Services, U.B.C.

“Medical Myths You Need to Learn About Before It’s Too Late”

Dr. James McCormack received his undergraduate pharmacy degree at the University of British Columbia in 1982 and completed a hospital pharmacy residency program at Lion’s Gate Hospital in North Vancouver in 1984. He received his doctorate in pharmacy (Pharm.D.) in 1986 from the Medical University of South Carolina in Charleston, South Carolina.

He has had extensive experience, both locally and internationally, talking to health professionals and consumers about the rational use of medication and has presented over 300 seminars on drug therapy over the last 20 years. His focus is shared-informed decision- making, using evidence based information and rational therapeutic principles.

In addition, he has published over 100 articles in medical literature, mainly in the area of rational drug therapy and has been an editor of two internationally recognized textbooks on appropriate/rational drug therapy.

He is also the co-host of a very popular weekly podcast called the *Therapeutics Education Collaboration (TEC)* podcast. This can be found in the iTunes store or at <http://www.therapeuticseducation.org>.

Mark Your Calendars with these Important Dates...



Next Meeting at Capilano Golf and Country Club

- Monday, June 10th - Greg D’Avignon, President and CEO, Business Council of British Columbia, *“Economy of BC - Post Election”*

Upcoming Special Event - see page 2 for more details

- VanDusen Gardens Tour - Monday, May 6th

President's Notes



I am writing this upon my return from our Probus visit to the Covanta Energy plant where garbage is converted to clean energy through an incineration process. This was a very enjoyable outing organized by our Special Events Committee attended by 28 of our members. Following an interesting explanation of the process, we toured the facility and lunched at the new Riverside Golf Clubhouse.

It served as a reminder of the excellent work done by our committees in not only organizing speakers and events, but also in the work that is done to make our club function as well as it does. My sincere "Thank You" to our Committee Volunteers!

Another bright note worthy of mentioning is the Queen's Jubilee Award recently granted to a Past President of ours, Esio Marzotto. This prestigious award for outstanding community service is well deserved. Accolades to you Esio!

Indeed it is a pleasure to be associated with such a talented group!

April has witnessed a number of troubling events - the Boston Marathon, the Texas plant explosion, Indian problems, Syrian problems - you name it!

Then along comes our own Sun Run with its 48,000 participants, including a number who are over 90, rallying to the cry of Boston, the sun comes out and optimism returns.

We really are blessed to be living where we do.

Fraser Grant



Special Events

FINAL REMINDER

VanDusen Botanical Garden Tour - 6 May
4251 Oak Street (Oak & 37th)

There are still openings for this tour on 6 May. Contact Mike Sommers at mikesommers@shaw.ca.

Participants will make their own way to the Gardens to arrive at Woodland Hall for the Director's lecture at 9:30 AM.

Mike McMahon



Parking Regulations In Effect



Capilano's busy golf season is now underway and they are asking "all guests" to comply with their parking regulations.

A shuttle service is available from the lowest "Visitor Parking" area to the Clubhouse. Those displaying a valid physical handicap tag in their windshield may continue to park in the designated stalls provided across from the main Clubhouse entrance.

April Greeters



Howard Aldous and Frank Musson

New Members Welcomed and Introduced at April Meeting



Sandy Aird
Chartered Accountant



Denis Crockett
Sales & Marketing



Doug Hayhurst
Chartered Accountant



Bill Van Unen
Retail

Brief Backgrounds of a Few Recent New Members



Christer Arnesen (*member since December 2012*) was born in Sweden and came to Canada in 1973, now living in West Vancouver. He graduated in Sweden with an MBA “*Civilekonomen*” (civil economist with education in business administration and economics). Later he obtained an international MBA from INSEAD (the French “*Institut Européan d’Administration des Affaires*” or “*European Institute of Business Administration*”), one of the world’s largest and most prestigious graduate business schools. Christer worked in the pulp and paper industry for Canfor Corporation for 28 years in various positions, including VP sales and marketing and VP pulp and paper.



Terry Hodgins (*member since March 2013*) was born in Saskatchewan and moved to Vancouver in 1969, presently living in West Vancouver. He graduated from University of Saskatchewan with a Bachelor of Engineering (Mechanical) in 1969 and became a Chartered Accountant in 1972. Combining his education in engineering and his professional experience as a Chartered Accountant Terry pursued a career serving in senior financial positions in the forestry and construction industries with Genstar, Slocan and Canfor, recently retiring from Chief Financial Officer of Canfor Pulp Products Inc.



Grant McCormick (*member since March 2013*) was born in New Westminster and moved to North Vancouver in 1945 where he has resided except for a few years working in Toronto in the ’60s. He graduated from UBC in 1962 with a Bachelor in Engineering (Electrical), obtaining his P. Eng. in 1965. From 1965 to 2000, Grant worked with a telecom consulting company (HN Telecom Inc.), involved with the design and implementation of electronic transmission systems (AM, FM, TV, broadcast, mobile, microwave, marine radar and cable); since 2000 he carried on similar work through his own private business.

Last Month Speaker - Fred Wah, Poet Laureate



Speaker Fred Wah with President Fraser Grant

Canada's Poet Laureate's role is to encourage and promote the importance of literature, culture and language in Canadian Society. Fred's style is to do this in a way which, like his jazz, is improvisational and challenging. He is not just a man of sonnets and iambic pentameter.

"Father, when you died you left me/ with my own death. Until then I thought nothing of it. Now I see its clear cut/ both genetic bag as well as choice. I know now /I'd better find that double edge between you and your father so that the synchronous axe/ keeps splitting whatever this is the weight of/I'm left holding."

Fred, of Chinese and Swedish heritage, grew up in Nelson and still has one foot firmly planted in that colourful Kootenay culture. He is described as a warm, charismatic and caring person. His poetic and literary involvement in Canada is considerable, through his extensive writing, teaching, poetry workshops, and volunteering. He has won the Governor General's award for poetry, as well as many other awards. His works, in both poetry and prose, are extensive, and can be found online and in libraries. Those written during his tenure as Poet Laureate are translated into French.

Fred writes about issues of which he is passionate. These include clear cut logging of ancient trees, ingrained racism in Canadian society, and what it means to be Canadian. His grandfather came to Nelson in 1892, so would be considered a true BC pioneer, but was probably seen only as a Chinese café owner. From his early years in Nelson, Fred developed into our Poet Laureate, with a graduate degree from the State University of New York. He went on to teaching positions in both Canada and the United States. Fred is now on staff at the University of Alberta in Calgary, and has a home in the Strathcona neighbourhood of Vancouver.

Poetry tells a story, draws a picture, makes you think, or just confounds. It may not be easy, but then neither is Shakespeare, Picasso or Schrodinger's cat. Yet they are all worth struggling to understand. A poem has to be read, re-read, chewed on and discussed; sometimes it is even obvious:

"outside it is snowing/they're skinning the bear/it's snowing,/ a small black she bear/symmetrical paws/knife/slit/down the inside thigh/to the crotch, careening/single sound flies from her/from her/flying from her/naked now/bear pig hamstrung, flesh/a little fat (winter)/from her"

Fred said that "in the beginning was the word and then came poetry. It lies at the heart of creativity, at the heart of darkness and brightness; it nourishes the deepest routes of culture, but is often not understood, and may even evoke fear." In poetry so much can be said with so few words that it challenges the mind. This describes Fred Wah's poetry. His books are in the library.

Ken Bryden

Monthly Quote

"Worrying does not take away tomorrow's Troubles; it takes away today's PEACE."

-Author Unknown

Meetings

Second Monday of each month, except when changed to avoid conflict with special holidays on that day; in addition, our Christmas Luncheon replaces the December meeting.
Dress Code: Business Attire. Jeans are **NOT** permitted.

Coffee and fellowship: 9:00 am to 9:45 am

Club business and speaker: 9:45 am to 11:30 am

Members are welcome to bring a guest to a meeting.

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