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**Next Meeting  
Tuesday April 18, 2006**

**Murray Leith, CFA  
VP and Director Investment  
Research  
Odlum Brown Limited**

Murray is Vice-President and Director of Investment Research and a member of Odlum Brown's Executive Committee and Board of Directors. He joined Odlum Brown in June 1994 and has been running the Odlum Brown Research Department since that time. He has been actively involved in the investment business for 18 years. Murray holds a Bachelor of Commerce degree (Finance Major, Honours) from UBC, and holds the Chartered Financial Analyst designation.

In addition to providing written research on individual companies, Murray formulates the firm's economic outlook and investment strategy. He is regularly quoted in the local and national press and interviewed by the television media.

Since December 1994, the Odlum Brown Research Department has maintained a model equity portfolio. This portfolio is conservative in nature and it is used by many of the firm's investment advisors as a benchmark for managing individual client portfolios. Since inception, the portfolio has compounded at an annual rate of roughly 21 per cent, significantly better than the 12 per cent compound annual return for the S&P/TSX Total Return Index over the same period.

**Upcoming Speaker  
9:30 AM, Tuesday, May 16, 2006  
Mr. Jack Poole  
2010 Olympics**



## Brian Cooper Introduced Russell J. Anthony

Mr. Anthony presented a very interesting and detailed description of the current Vancouver Convention Centre and the expansion which is well underway.

The original Centre opened for business on July 4, 1987, and reached its capacity ten years later. Considering that delegates spend, on average, \$1,000, the lack of space to accommodate conferences has cost the Centre \$100 million annually through lost opportunities. 20% of the large conventions are international in scope and are too large for the current facility.

The expanded facility will have triple the original floor space with 224,000 sq. ft. of exhibit space on one level and 90,000 on a second level. It will accommodate 3 average size conventions simultaneously. Parking below the Centre will contain 550 parking stalls.

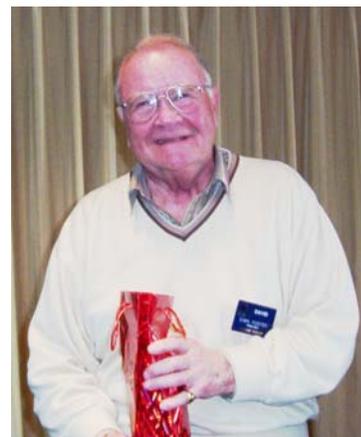
The budget for the expansion is \$615 million, 6,700 people are engaged in construction and 7,500 will be required to staff the completed facility. The waterfront building will provide an .8 hectare pedestrian plaza, waterfront walkway and park transitions. Designed to be sustainable, rainwater will service 700,000 plants and grasses planted on the 6 acre roof. The building will be a showcase of BC wood design with natural light entering through 3.7 hectares of structural glass.

It will be more than a convention centre with a new hotel, public vista, easy access to shopping and direct connection to the new Windsor Line rapid transit system to Richmond and the airport.

Bookings are already being received as major conventions are scheduled many years in advance. One of the first will be the 2010 Olympics. The facility will house the Media Centre for the games with 10,000 media personnel from around the world headquartered there. NBC Sports will be the host Olympic broadcaster and has arranged to arrive in Sept. 2009, well before the start of the games with 2,300 NBC employees to begin broadcasts to the USA in December.

The good news is that the expansion is on time and on budget. More information is available on the website: [www.vccep.bc.ca](http://www.vccep.bc.ca). President Don thanked Mr. Anthony.

EM



David Foster was the winner of the bottle of fine wine on the first name drawn at random.



## **HEALTH AND LIFESTYLE**

### **A Wealth of Health Information**

With all the talk and debate about health care, is there not some way we can take better care of ourselves and help take some of the pressure off our family physicians and other health care professionals? We all know there are things we can do, but sometimes we can use a little help, or simply some pertinent information to help us.

One source for that kind of information is the *BC HealthGuide*. This extraordinary publication contains very specific answers and advice on a broad range of health and lifestyle issues. The *BC HealthGuide* features basic guidelines on how to recognize and cope with more than two hundred of the most common health problems. The book covers everything from abdominal pain to yoga, and is organized and written in a way that is interesting, easy to read, easy to use, unbiased and credible.

It is endorsed by the British Columbia Medical Association, The British Columbia College of

Family Physicians, and the Registered Nurses Association of B.C.

*BC HealthGuide* does not, in any way, replace the need for doctors and other health professionals. In fact, the purpose of the book is to help you and your health professionals to work together to better manage your health problems.

The book covers health issues that affect all ages, but there are also many topics relevant to older adults throughout the book. Those of particular interest to seniors are specifically identified, so there is definitely potential value to those in our age group.

As well, many of us have children and grandchildren who could definitely benefit from having this wealth of health information close at hand. And the best part, it's absolutely free. Just go to your local pharmacy and ask for a copy. The *BC HealthGuide* is now in its second edition, updated in 2005, and full of current information.

**It's a good investment.**

AC





### Presidents Report

I'd like to draw your attention to the Special Events notice included with this issue. Our Special Events Chair, Malcolm Nicholson, has drawn upon his personal relationship with Captain John Hutchinson, British Airways, retired, to join us for lunch Tuesday May 30 at the West Vancouver Yacht Club. From Malcolm's brief biography for Captain Hutchinson, I think you will agree that he could well be described as the airline pilots' 'Captain'.

The Supersonic Concorde is an aviation legend and I feel certain that we will learn a great deal about the many accomplishments of this famous airliner.

Note that space is limited and the sooner you confirm your attendance the more assured you are of a place or two. Yes, spouses or companions are welcome.

Malcolm is planning several other Special Events for this summer and fall and you will be hearing about them soon in future Shorelines editions. If any of you have ideas or suggestions for future Special Events, Malcolm will be very pleased to hear from you.

Don Brinton



### Future Programs

May 16 ----- Jack Poole, 2010 Olympics  
June 20 ----- Jim Taylor Columnist TBC

## A Few Interesting Facts

### Alaska

More than half of the coastline of the entire United States is in Alaska.

### Amazon

The Amazon rain forest produces more than 20% the world's oxygen supply. The Amazon River pushes so much water into the Atlantic Ocean that, more than one hundred miles at sea off the mouth of the river, one can dip fresh water out of the ocean. The volume of water in the Amazon river is greater than the next eight largest rivers in the world combined and three times the flow of all rivers in the United States.

### Canada

Canada has more lakes than the rest of the world combined. Canada is an Indian word meaning "Big Village."

### Damascus, Syria

Damascus, Syria, was flourishing a couple of thousand years before Rome was founded in 753 BC, making it the oldest continuously inhabited city in existence.

### MEETINGS

Third Tuesday of each month 9:30 – 11:30 AM  
Year Round  
Hollyburn Country Club  
West Vancouver

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